



# Saint George Greek Orthodox Church

70 West Street, P.O. Box 392, Keene, NH 03431-0392

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Website: [www.stgeorgekeene.nh.goarch.org](http://www.stgeorgekeene.nh.goarch.org)

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## September 2015 Newsletter

### Services Every Sunday / Κυριακή

Matins (Ορθρος) 9:00 -10:00 a.m.

Divine Liturgy (Θεία Λειτουργία)

10:00-11:45 a.m.

### Prosforo (Πρόσφορο) Bakers

September 6: Cornelius Szuster

September 20: Mary and Julia Booras



### Worship Services in September

Sun., Sept. 6 – Fourteenth Sunday of Matthew

Epistle: Hebrews 2:2-10

Gospel: Matthew 22:2-14

Sun., Sept. 13 – Sunday Before Holy Cross

Epistle: St. Paul's Letter to the Galatians 6:11-18

Gospel: John 3:13-17

Sun, Sept. 20 – Sunday After Holy Cross

Epistle: St. Paul's Letter to the Galatians 2:16-20

Gospel: Mark 8:34-38; 9:1

Sun., Sept. 27 – First Sunday of Luke

Epistle: St. Paul's 2<sup>nd</sup> Letter to Corinthians 6:16-18; 7:1

Gospel: Luke 5:1-11

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### Calendar at a Glance (non-liturgical)

**Ecclesiastical New Year**, September 1

**Nativity of the Most Holy Theotokos**, September 8

**Paraklesis to the Mother of God**, Tue., Sept. 8,  
6:00 PM

**Greek Festival Planning Committee**, Thurs., Sept. 10,  
7 PM in Hellenic Hall

**Elevation of the Precious and Life-giving Cross**,  
September 14

**Greek Dancing Lessons**, Monday, September 21  
6:00-7:00 PM, taught by Roula Leristis

**Paraklesis to the Mother of God**, Tue., Sept. 22,  
6:00 PM

**Greek Dancing Lessons**, Monday, September 28  
6:00-7:00 PM, taught by Roula Leristis

**Greek Dance**, Saturday night, October 17

**Daylight Saving Time ends**, Sunday, November 1

*Sunday School will begin*

*in September*

*As soon as the  
schedule is available,*

*we'll post it.*

*Watch for details.*



# Paraklesis to the Most Holy Theotokos

By *Cornelius Szuster*

For the first two weeks of August, it is customary to chant the Paraklesis to the Most Holy Theotokos in honor of her Dormition. A service of Paraklesis is done for the benefit of the living— for the whole world, our loved ones, and ourselves. Parishioners of Saint George Church, and guests, met on weekday nights to sing these hymns of praise. Thank you to all who attended!

We hope to continue holding these prayer services throughout the year. It is ideal for weeknights, because Paraklesis is informal and can be completed in less than forty-five minutes. Also, anyone can participate, regardless of faith. And if a priest is not present, as in our case, we simply skip over the parts for a priest.

The Paraklesis to the Mother of God was written by a Byzantine monk in the 9<sup>th</sup> century. We chant it in the traditional melody, with a mixture of Greek and English. The structure and content is similar to most Orthodox services. It begins with reading of Psalms, and then we sing a hymn for the Virgin Mary and for Saint George (the one to whom the service is dedicated and the Patron of our church).

This is followed by eight odes, although they are numbered ode one and then three through nine. Ode two is skipped, as is common in services held outside of Lent. This is because the nine odes are based on the nine songs of the Bible, and the second song, from Deuteronomy, is penitential and reserved for Great Lent. The first ode comes from Exodus, so likewise, in the Paraklesis to the Mother of God, we sing about the Israelites escaping “from the evils of Egypt’s land”. Other references to the nine songs of the Bible are made, such as to the Prophet Jonah, the three youths in the Babylonian furnace, and the *Magnificat of Mary* (the *Magnificat* is the only song from the New Testament).



Each ode is called a *kathisma*, meaning sitting, because it is appropriate to sit at this time. However, there is a part in the middle of the service, after ode six, that is called *akathisma* (the negation of sitting, i.e. standing). This part is dedicated to the Holy Trinity, so we stand in honor. It is also at this point when the priest would do the Gospel reading. After the ninth ode, we stand again to sing the Megalynarion (“Axion estin...”), at which point the priest would cense the church. We then remain standing for the Trisagion, and sit again for the final prayers.

The Paraklesis to the Mother of God is beautiful and filled with joy. We invite you to attend one of these prayer services. Most Holy Theotokos, save us!

## Upcoming Paraklesis Services

Tuesday evenings at 6:00 PM  
September 8<sup>th</sup> and September 22<sup>nd</sup>

This worship service is conducted by parishioners, without the aid of a priest.  
You may submit names of people to be prayed for.

## Landscaping Project Update

Fundraising for landscaping to improve the grounds at the front of our church is going slowly. We still hope to begin the work in the fall but the scope of the project might have to be scaled back if we do not receive sufficient funds.

If you have already donated, **thank you!!** If you have not given and are able, please consider supporting this project to improve the face of our church. We have a list of plants that can be purchased as a memorial to someone special.

This project will be funded solely from donations; not from church funds. Whether you support the project financially or not, we need your help. The estimated cost of the project does not include the labor. We are the labor. Please consider donating your time; it will cost you nothing except for a few hours of your time. Autumn is a good time for planting - watch for the date(s) that we'll be doing the work.

If you have any questions, contact Mark Lanoue at (603) 661-8562 or mark.olympic@gmail.com.



## Bakers Needed!

Please join our parish in thanking all of the dedicated volunteers who bake prosforo (πρόσφορο) for us to use in the Liturgy each week. This important, yet often unrecognized, ministry is essential to the operation our church. Unfortunately, the number of volunteers has diminished recently. We are currently in need of new people to take on this responsibility. Are you interested in baking prosforo?

Volunteers usually make two loaves at a time, every few months. The procedure is relatively simple. There is a good book on prosforo baking in our library, and the stamp used to mark the loaves can be purchased in our bookstore. A lot of online resources are available as well. If there is sufficient interest, we would like to coordinate a training workshop this fall.

Please contact coordinator Marya Koskoris at 802-257-3519 or vermontbabe@yahoo.com.



## Newsletter Editorial Staff

Executive Director:

Susan Karalekas, Editor-in-Chief

Desktop Publishing: Susan Karalekas

Contributing Writers: Avey Andonellis, Nick Lupinin, and Cornelius Szuster

Copy Editors: Irene Cheek and Elaine Ellis

Managing Editor and Council Liaison: Cornelius Szuster

Distribution: Margaret Ioannou and Nick Lupinin



Newsletter submissions and questions can be sent to church, attention: Susan Karalekas; e-mailed to [susan@bridgesinn.net](mailto:susan@bridgesinn.net); or call Susan at (603) 358-6958

Sponsorship submissions and questions can also be sent to Susan.

## Community Prayer List

Please use this list to pray for members of our community who are sick or in need of God's care.

- Presvytera Evelyn Bacopulos
- Pat Blastos
- Jennie Canwell
- Donald & Jeremy Doubleday
- Bill Ellis
- Jim Jangarathis
- Katherine Koutras
- Hristianna Lanoue
- Margaret Ioannou
- John Nikiforakis
- Eugenia Petrou-Karabakakis
- Diane Raheb
- Mark Raheb
- Jamie Whalen



*We strive to keep this list current. If you feel a name should be removed from the list or if you would like a new name placed on the list, please contact Susan Karalekas (contact information is on the left).*



## 2015 Stewards of St. George Greek Orthodox Church as of August 18, 2015

### THANK YOU (ευχαριστώ) for your stewardship!

Harry & Angeline Ackerman  
David & Georgia Anderson  
Panayiotis & Avey Andonellis  
Peter Antonopoulos & Ellen Spielberg  
Charalampos & Vasilissa Balkanikos  
Aspasia Ballas  
James Bardis  
Edward & Tina Beloyianis  
Carolyn Blastos  
Chris Booras  
Julia Booras  
Mary Booras  
Peter & Maria Bradshaw  
Sarah Bradshaw  
Thomas & Ellen Cakouras  
Wayne & Jennie Canwell  
Don & Irene Cheek  
Dean Eliopolous  
Bill & Elaine Ellis  
Peter Espiefs  
Louis & Lisa Giannakakos  
Andreas Glimenakis  
Anthony & Maria Glimenakis  
Charles Glimenakis  
Christopher & Fotini Glimenakis  
Sue Glimenakis  
Maria Goodman  
Michael & Stephanie Guitard  
Peter Gundelfinger & Suzanne Smiley

Janet Harrison  
Despina (Evelyn) Hubal  
George & Maria Ioannou  
Margaret Ioannou  
George & Sigrid Karabakakis  
Stella Kiritsy  
Alexandra Kolivas  
Anastasia Kolivas  
Louis & Sue-Ellan Kolivas  
Nicholas Kolivas  
Marya Koskoris  
Paul Koutroubas  
Odysseous & Kathy Kyrousis  
Isaac (Christian) Lampart  
Mark & Apostolia Lanoue  
Dimitri Leristis  
Evangelia Leristis  
Stavroula Leristis  
Christene Libbares  
Giota Livanis  
Nickolas Lupinin & Susan Karalekas  
Sophia MacKinnon  
Justin Marcinkewicz  
† David Maydwell  
Susan Maydwell  
Peter & Estelle Merzi  
Mary Michaelides  
George & Vasiliki Moore

Peter Mutiga  
Bill & Flo Nestor  
George & Cindy Nikiforakis  
Paul & Kathleen Nikiforakis  
Georgia Panagiotidis  
Angelo & Tasia Pananas  
Alexandra Papadimitriou  
Lena Pappas  
Maria Pappas  
Michael & Eunice Pappas  
Stephen & Joan Pappas  
Eugenia Petrou-Karabakakis  
Roger & Connie Phelps  
Panos & Merope Pitsas  
Diane Raheb  
Alan & Heather Riley  
Fr. Leo & Pres. Candace Schefe  
Karen Schwindt  
Arthur & Rachel Skipitaris  
Cornelius (David) Szuster  
Chris Tasoulas  
Georgia Tasoulas  
Joe & Beth Truman  
Elias & Lambrini Tsitsonis  
George & Sheila Tsitsonis  
Douglas Walker & Andrea Polizos  
Kevin & Lisa Warren  
George & Elleni Xanthopoulos  
Lazaros Xanthopoulos



### A Huge Success!

Our second annual indoor yard sale on Saturday, July 18<sup>th</sup> was a huge success. Heather Riley is to be commended for her hard work, creativity, and leadership coordinating the yard sale and also for selling even more items in the weeks after the yard sale. This fundraiser topped the \$1,000 mark in sales. Not only did we sell a lot of gently used items but we also sold hot dogs, beverages, frozen treats and many sweets at our bake sale.

Thanks so much, to Heather, to everyone who donated toward the yard sale, to those who helped out in many ways, and to those who baked. We couldn't have done it without the help of everyone who volunteered!



### Graduation News

Marena Koutroubas, daughter of Paul Koutroubas, graduated from Manchester Central High School (New Hampshire) in June of 2015. Marena is attending the University of Maine in Orono, where she will study veterinarian medicine.

She was very active at the St. George Cathedral in Manchester, where she was G.O.Y.A. president. St. George Cathedral recognized Marena by awarding her three scholarships: the Anagenesis Ladies Society Memorial Service Scholarship; Anna Theodosopoulos Scholarship; and Spanos Memorial Scholarship.

Congratulations to Marena and her proud father!

## A Unique Opportunity to Help

It's easy! Raise money for St. George by shopping at Amazon.com. When you make purchases, Amazon.com will donate 0.5% of your purchase price to St. George!

All you need to do is sign up *once* at "AmazonSmile" (smile.amazon.com) and then every time you shop at Amazon, use your "AmazonSmile" login.

AmazonSmile will automatically calculate the donations to St. George. This can really add up if many of us sign up, but purchases must be made from the "AmazonSmile" login to count towards the St. George donation. Please tell others so that they can sign up as well, the more people who sign up the more money that can be earned.

### What is AmazonSmile?

AmazonSmile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to your favorite charitable organization.

### How do I shop at AmazonSmile?

Simply go to smile.amazon.com from the web browser on your computer or mobile device.

### Which products on AmazonSmile are eligible for charitable donations?

Tens of millions of products on AmazonSmile are eligible for donations. You will see eligible products marked "Eligible for AmazonSmile donation" on their product detail pages.

### Can I use my existing Amazon.com account on AmazonSmile?

Yes, you use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, wedding or baby registry, and other account settings are also the same.

### How do I select a charitable organization to support when shopping on AmazonSmile?

On your first visit to AmazonSmile (smile.amazon.com), you need to select a charitable organization to receive donations from eligible purchases before you begin shopping. Amazon will

remember your selection, and then every eligible purchase you make at smile.amazon.com will result in a donation. Simply type in Saint George Greek Orthodox Church and then it will become an option to select.

### Can I change my charity?

Yes, you can change your charity any time. Your AmazonSmile purchases after the change count towards your newly selected charity.

*Thank you, Heather Riley, for setting this up!*



## Feast of the Dormition of the Most Holy Theotokos

On Saturday, August 15<sup>th</sup>, our church celebrated Divine Liturgy in honor of the falling asleep of the Ever-Virgin Mary, with Fr. Emmanuel officiating.

Thank you to Father Emmanuel for joining us, to all those who attended the service, and to everyone who donated the lovely flowers.

## Greek Dancing Lessons

Roula will again be teaching Greek dancing lessons on Monday evenings in Hellenic Hall.

**Classes begin on Monday, September 21<sup>st</sup>**

6:00 – 7:00 pm

\$5.00 per lesson

Kupia Roula Leristis – teacher

*Those who have attended in the past have really enjoyed the dancing classes (as can be seen in photo by Michael Moore)*



# H Ελληνική Γωνία | The Greek Corner

By *Kyria Avey Andonellis*  
St. George Greek School

Autumn session dates: September 8 - December 17, 2015



- 1. Adult Advanced Conversational Greek Language ♦ Day Class**  
Tuesdays: 1:30 PM - 2:30 PM  
Class begins: Tuesday, September 8, 2015
- 2. Children's ♦ Beginner Level Greek Language Class**  
Thursdays: 4:30 PM - 5:30 PM  
Class begins: Thursday, September 10, 2015
- 3. First Level Greek Language Class**  
Thursdays: 5:45 PM - 6:45 PM  
Class begins: Thursday, September 10, 2015
- 4. Adult Modern Greek Language Class ♦ Evening Class**  
Thursdays: 7:00 PM - 8:00 PM  
Class begins: Thursday, September 10, 2015

For information or to register, contact Kyria Avey at: [aveyandonellis@gmail.com](mailto:aveyandonellis@gmail.com) or (603) 354-0181



## The Saint George Greek Cultural Festival

**Proposed date of Festival:** Saturday, September 17<sup>th</sup>, 2016 from 11 AM to 8 PM

**Next Planning Committee Meeting:** Thursday, September 10<sup>th</sup>, 2015 at 7 PM  
in Hellenic Hall (meetings are on the second Thursday of each month)

Everyone at Saint George is invited to attend the Planning Committee Meetings and to be part of our Greek Festival. It is a big undertaking that can only be accomplished with the help and ideas of many people. So far, we've brainstormed and had some good discussions, so that we can all come to share a common vision. Then, in the coming months, by the grace of God, we'll make this vision a reality.

Our goals in having this Festival are to have a good time working together as a parish, and to build relationships outside of worship services. We would also like to share our rich and unique cultural traditions with the community in Keene and beyond. Through the Festival, we hope to make more local people aware of our beautiful, little church in the heart of downtown.

On Saturdays this September, there are several Greek Festivals at Orthodox Churches throughout New England (9/5 in Dover, NH; 9/12 in Springfield, MA; 9/19 in Fitchburg and Brookline, MA, and at St. George in Manchester, NH). We'd like to visit some of these events and to see what other parishes are doing. If you are interested in going, talk to Maria Bradshaw or Cornelius Szuster.

Please consider sharing your time and talents by attending the next meeting!



### How to Reach Our President

Joe Truman has a new phone number  
He can be reached at (603) 762-0329



Hi Joe!



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## *Save the Date!*

Saturday, October 17 - Fall Dance

*Watch for details*



## *In Loving Memory of Anna L. Tasoulas*

*Beloved Mother, Τίττυρά, Wife, Aunt, Sister, and Νονά*



*May her memory be eternal!*

*Αιώνια Αυτής ή Μνήμη!*